

Core Training 2026

Autism and Positive Behaviour Support

This one-day in-person workshop focuses on the **child and adolescent** age group and encompasses skill development in the following areas:

- Using Positive Behaviour Support within a neuroaffirming framework
- Understanding behaviours of concern and how to create a supportive environment for neurodivergent people
- Collaborative problem solving with the young person and carers
- Creating an autism specific profile and behaviour support plan
- Finding the function of a behaviour of concern
- Supporting the development of new skills to promote independence and quality of life.

Pre-Course Requirement: Participants will complete an autism profile on a child/adolescent client. This profile will be used in workshop activities, allowing you to directly apply new knowledge, strategies, and skills learned during the workshop.

Who is the training for?

Mental health professionals **working with clients aged 2-15 years** (or older youth with co-occurring ID), e.g. psychologists, speech pathologists, social workers, occupational therapists, nurses, teachers, early intervention workers, family support workers, headspace clinicians, paediatric fellows, and trainees in child & adolescent psychiatry.



Who provides the training?

Leah Dalton, Mental Health Social Worker

Jenny Reid, Speech Pathologist & Clinical Educator

Both presenters have extensive experience working with neurodivergent children and youth implementing a positive behaviour support approach. They have worked in mental health, education and community settings.

DATE: Wednesday 20 May

TIME: 9:00am – 4:30pm

LOCATION: Mindful Centre, Travancore, VIC

COST: \$280 / \$135*

*Subsidised rate for Victorian clinicians in ICYMHS, headspace, Take Two, ACCHOs, & Children's Health & Wellbeing Locals.

Register online at mindful.org.au/autism-training

*These workshops are not recorded.

Please read our [Cancellation and Attendance policy](#) before booking.



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